








Gouverneur Central February Menu 2025

This Institution is an equal opportunity provider and employer. Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast & Lunch are Free to all Students
3 Chicken Parm Sandwich Iceberg Garden Salad Fruit & Milk 	5 French Toast Sticks Hash Browns Sausage Fruit & Milk	5 Homemade Pizza Caesar Salad Fruit & Milk 	6 <u>NY THURSDAY MENU</u> Pasta w/ Sauce Roasted North Country Butternut Squash North Country Apple Slices Assorted NY Milk	7 Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese filled Breadstick Three Bean Salad Fruit & Milk
10 Ramen Noodle Bowl w/ Vegetables & Shredded Beef or Shredded Chicken Fruit & Milk	11 Chicken Caesar Salad Garlic Breadstick String Cheese Stick Fruit & Milk	12 Homemade Pizza Iceberg Garden Salad Fruit & Milk	13 Roasted Turkey Mashed Potatoes Stuffing Butternut Squash Fruit & Milk	14 Early Dismissal Bagged Lunches
				
Mid-Winter Break 17th – 21st				
24 Pizza Dunkers Iceberg Garden Salad Fruit & Milk 	25 Orange Chicken Fried Rice Vegetable Egg Roll Herb Roasted Broccoli Fruit & Milk	26 Homemade Pizza Mediterranean Chickpea Salad Fruit & Milk	27 Mac & Cheese Garlic Breadstick Maple Glazed Carrots North Country Apple Slices Assorted NY Milk	28 Grilled Cheese Sandwich Tomato Soup Corn on the Cob Fruit & Milk
Monday's Alternates Chicken Tenders w/ Breadstick PBJ Sandwich	Tuesday's Alternates Hamburger on WW Roll PBJ Sandwich	Wednesday's Alternates Chef Salad PBJ Sandwich	Thursday's Alternates Chicken Burger on WW Roll PBJ Sandwich	Friday's Alternates Baked Haddock Burger on WW Roll PBJ Sandwich
Egg & Sausage Sandwich Cereal Fruit or Juice & Milk	Homemade Breakfast Pizza Cereal Fruit or Juice & Milk	Breakfast Pancakes/Waffles or Cereal Fruit or Juice & Milk	Cinnamon Roll Cereal Fruit or Juice & Milk	Frudel Cereal Fruit or Juice & Milk