

# Gouverneur Central January Menu 2025

This Institution is an equal opportunity provider and employer. Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast &amp; Lunch are Free to all Students</b></p>		<p>1 No School <b>Happy New Year!!</b></p>	<p>2 <u>NY THURSDAY MENU</u> Pasta w/ Sauce Roasted North Country Butternut Squash North Country Apple Slices Assorted NY Milk</p>	<p>3 Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese filled Breadstick Three Bean Salad Fruit &amp; Milk</p>
<p>6 Ramen Noodle Bowl w/ Vegetables &amp; Shredded Beef or Shredded Chicken Fruit &amp; Milk</p>	<p>7 Chicken Caesar Salad Garlic Breadstick String Cheese Stick Fruit &amp; Milk</p>	<p>8 Homemade Pizza Iceberg Garden Salad Fruit &amp; Milk</p>	<p>9 Roasted Turkey Mashed Potatoes Stuffing Butternut Squash Fruit &amp; Milk</p>	<p>10 Quesadilla Refried Beans Red Pepper Strips Fruit &amp; Milk</p>
<p>13 Pizza Dunkers Iceberg Garden Salad Fruit &amp; Milk</p> 	<p>14 Orange Chicken Fried Rice Vegetable Egg Roll Herb Roasted Broccoli Fruit &amp; Milk</p>	<p>15 Homemade Pizza Mediterranean Chickpea Salad Fruit &amp; Milk</p>	<p>16 Mac &amp; Cheese Garlic Breadstick Maple Glazed Carrots North Country Apple Slices Assorted NY Milk</p>	<p>17 Grilled Cheese Sandwich Tomato Soup Corn on the Cob Fruit &amp; Milk</p>
<p>20 Martin Luther King Day No School</p>	<p>21 Buffalo Chicken Wrap(HS) Chicken Bacon Ranch Wrap(EL) Garlic Breadstick Carrot Coins w/ Hummus Fruit &amp; Milk</p>	<p>22 Homemade Pizza Broccoli Salad Fruit &amp; Milk</p> 	<p>23 Chicken &amp; Biscuits Mashed Potatoes Roasted Baby Carrots Fruit &amp; Milk</p>	<p>24 Lasagna Garlic Toast Garden Salad Fruit &amp; Milk</p>
<p>27 Ham &amp; Cheese Croissant or Turkey &amp; Cheese Croissant Homemade French Fries Herb Roasted Broccoli Fruit &amp; Milk</p>	<p>28 Loaded Potato Bowl (Popcorn Chicken, Mashed Potatoes, Cheddar Cheese,) Steamed Corn, Biscuit Fruit &amp; Milk</p>	<p>29 <b>Lunar New Year</b> No School</p>	<p>30 Hotdog or Hamburger or Italian Sausage (HS) Honey Glazed Carrots North Country Apple Slices Assorted NY Milk</p>	<p>31 Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit &amp; Milk</p>
<p><b>Monday's Alternates</b> Chicken Tenders w/ Breadstick PBJ Sandwich</p>	<p><b>Tuesday's Alternates</b> Hamburger on WW Roll PBJ Sandwich</p>	<p><b>Wednesday's Alternates</b> Chef Salad PBJ Sandwich</p>	<p><b>Thursday's Alternates</b> Chicken Burger on WW Roll PBJ Sandwich</p>	<p><b>Friday's Alternates</b> Baked Haddock Burger on WW Roll PBJ Sandwich</p>
<p>Egg &amp; Sausage Sandwich Cereal Fruit or Juice &amp; Milk</p>	<p>Homemade Breakfast Pizza Cereal Fruit or Juice &amp; Milk</p>	<p><b>Breakfast</b> Pancakes/Waffles or Cereal Fruit or Juice &amp; Milk</p>	<p>Cinnamon Roll Cereal Fruit or Juice &amp; Milk</p>	<p>Frudel Cereal Fruit or Juice &amp; Milk</p>