









# Gouverneur Central School November Menu 2024

This Institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Breakfast &amp; Lunch</b>  <b>Free to all</b>  <b>Students!!</b></p> <p><small>Menu subject to change without notice</small></p>			<p>1                      Grilled Cheese Sandwich                      Tomato Soup                      Steamed Corn                      Fruit &amp; Milk</p>
<p>4                      Taco or Taco Salad                      Corn on the cob                      Black Bean &amp; Cilantro Salsa                      Fruit &amp; Milk</p>	<p>5                      Buffalo Chicken Wrap                      Garlic Breadstick                      North Country Carrot Coins w/                      Hummus dip                      Fruit &amp; Milk</p>	<p>6                      Homemade Pizza                      Broccoli Salad                      Fruit &amp; Milk</p> <p style="text-align: center;"></p>	<p>7                      Chicken &amp; Biscuits                      Mashed Potatoes                      Roasted Baby Carrots                      Fruit &amp; Milk</p>	<p>8                      No School  <b>Staff Development Day</b></p>
	<p>12                      Loaded Potato Bowl                      (Popcorn Chicken, Mashed Potatoes, Cheddar Cheese,)                      Steamed Corn, Biscuit                      Fruit &amp; Milk</p>	<p>13                      Homemade Pizza                      Three Bean Salad                      Fruit &amp; Milk</p>	<p>14  <u>NY THURSDAY MENU</u>                      Pasta with Sauce                      Roasted North Country Butternut Squash                      North Country Apple Slices                      Assorted NY Milk</p>	<p>15                      Buffalo Chicken Bake                      Cheese Filled Breadstick                      Cucumber Slices                      Fruit &amp; Milk</p>
<p>18                      Chicken Parm Sandwich                      Iceberg Garden Salad                      Fruit &amp; Milk</p>	<p>19                      French Toast Sticks                      Hash Browns                      Sausage                      Fruit &amp; Milk</p>	<p>20                      Homemade Pizza                      Caesar Salad                      Fruit &amp; Milk</p> <p style="text-align: center;"></p>	<p>21                      Roasted Turkey                      Mashed Potatoes                      Stuffing                      Butternut Squash                      Fruit &amp; Milk</p>	<p>22                      Sampler-3 Mozz Sticks, 3                      Boneless Wings, Cheese filled                      Breadstick                      Three Bean Salad                      Fruit &amp; Milk</p>
<p>25                      Ramen Noodle Bowl w/                      Vegetables &amp; Shredded Chicken                      or Shredded Beef                      Carrot Sticks                      Fruit &amp; Milk</p>	<p>26                      Chicken Caesar Salad w/                      Garlic Breadstick                      String Cheese Stick                      Fruit &amp; Milk</p>	<p>27  </p>	<p>28  </p>	<p><b>Early Dismissal for</b>  <b>Elementary &amp; Middle schools</b>  <b>Nov. 22<sup>nd</sup></b>  <b>Nov. 25<sup>th</sup></b>  <b>Nov. 26<sup>th</sup></b>  <b>Parent/Teacher Conferences</b>  <b>Bagged Lunched</b></p>
<p><b>Monday's Alternates</b>                      Chicken Tenders w/ Breadstick                      PBJ Sandwich</p>	<p><b>Tuesday's Alternates</b>                      Hamburger on WW Roll                      PBJ Sandwich</p>	<p><b>Wednesday's Alternates</b>                      Chef Salad                      PBJ Sandwich</p>	<p><b>Thursday's Alternates</b>                      Chicken Burger on WW Roll                      PBJ Sandwich</p>	<p><b>Friday's Alternates</b>                      Baked Haddock Burger on WW Roll                      PBJ Sandwich</p>
<p>Egg &amp; Sausage Sandwich                      Cereal                      Fruit or Juice &amp; Milk</p>	<p>Homemade Breakfast Pizza                      Cereal                      Fruit or Juice &amp; Milk</p>	<p><b>Breakfast</b>                      Pancakes/Waffles or Cereal                      Fruit or Juice &amp; Milk</p>	<p>Cinnamon Roll                      Cereal                      Fruit or Juice &amp; Milk</p>	<p>Frudel                      Cereal                      Fruit or Juice &amp; Milk</p>